

# Unburdened Life

lighten your load

Hey ,

I've never loved Bob Dylan's music. He's got a few songs I'm happy to listen to, but his voice is a little on the cheese grater side for my taste. Still - there's a reason he won a Nobel Prize in literature.

So - the times they are a-changing. Which is a little on the nose for an end-of-year email, so I'll go into more detail later. For now, here are some changes I can help you with, should you be so inclined. (Spoiler: you SHOULD)

I'll be hosting a little challenge next week - just a quick three days. It's called the [Digital Photo Declutter Challenge](#) which, I admit, does not exactly roll off the tongue. But it's been a long winter already, so bear with me.

You have a lot of extra digital photos! How do I know? That's a trade secret. But I'm pretty sure I'm right.

So let's spend a little time getting rid of them. You'll be so happy when you don't have to scroll through 32,000 pictures to find the one you want!

[Sign up here.](#)

The challenge runs from Wednesday through Friday next week - that's the 4th through the 6th. I'll give you instructions and encouragement, you get your delete finger ready.

Also starting soon: [The Messy Mac Makeover!](#) Early Bird pricing lasts through January 6, then you have to pay full price with the rest of the sweaty masses. We've got some great bonuses available as well, including one on one time with yours truly!

This six week program will have your Mac shiny, tidy, decluttered, organized and running on all cylinders! Plus we'll teach you lots of tricks for keeping it that way.

Clear Mac, full heart, can't lose, to borrow from one of the greatest tv shows of all time.

[Learn more about it!](#)

In short, lots of opportunities to get rid of digital clutter, tighten up your systems, and dive into 2023 with enthusiasm and vigor!

xo,  
Julia

THIS EMAIL IS GOING TO BED EARLY ON THE 31ST. FORWARD IT TO ANOTHER PARTY POOPER.

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Julia Williamson is a decluttering virtuoso who uses humor, gentle interrogation and solid nudging to help her clients and friends pare down their possessions.

Why? Because life is easier when we own the right amount of stuff.